

## Palliative Care Education

LEAP Long-Term Care (LTC) is a two-day course that provides health care professionals with the essential skills and competencies of the palliative care approach. Course modules and case studies are contextualized to the long-term care setting.

This course takes an inter-professional approach and promotes teamwork and collaboration among different health care professionals who work in a variety of settings and organizations.

### Who is it for?

LEAP LTC is ideal for any health care professional (e.g. physicians, nurses, pharmacists, social workers, home care nurses, etc.) as well as personal support workers (PSWs) or care aides working in long-term care and nursing homes.

### Course Features

- This Group Learning program has been certified by the College of Family Physicians of Canada for up to **26 Mainpro+ credits**
- Two days, 13 hours in total
- Face-to-face learning with group discussion and case studies
- Inter-professional approach
- Course materials include a downloadable manual and the best-selling resource, the Pallium Palliative Pocketbook

### Course Structure

- |   |  |
|---|--|
| ♦ Being Aware                             | ♦ Psychosocial & Spiritual Care                    |
| ♦ Taking Ownership                        | ♦ Gastrointestinal Symptoms, Hydration & Nutrition |
| ♦ Decision-Making & Advance Care Planning | ♦ Respiratory Symptoms                             |
| ♦ Pain Management                         | ♦ Last Days & Hours                                |
| ♦ Delirium & Dementia                     | ♦ Grief  |
| ♦ Essential Conversations                 | ♦ Organizational Readiness                         |

### About Pallium Canada





Pallium is a national, evidence-based organization focused on building professional and community capacity to help improve the quality and accessibility of palliative care in Canada.

### Key LEAP Features:

- ✓ Created and reviewed by experts
- ✓ Evidence-based
- ✓ Regularly updated and improved
- ✓ Practical, case-based
- ✓ Inter-professional
- ✓ Accredited

To learn more about LEAP courses, tools, and resources visit: [pallium.ca](https://pallium.ca)

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